



BUILDING STRENGTH AMONG WOMEN
AND GIRLS AND THEIR FAMILIES

ISN
INNER STRENGTH NETWORK



YaSS

**YOU ARE SAFE
YOU ARE SPECIAL**

**Supporting schools on
keeping our children safe
Raising awareness on
Child Sexual Exploitation**

"Inner Strength is something instilled in you. It is a determination to overcome all the obstacles that you face in life. It is the difference between excellence and failure. It is the tool to be the best you can be"

- Maureen Bailey FRSA LLB (Hons)

YOU ARE SPECIAL AND YOU ARE SAFE

SUITABLE FOR YEAR 5 &6 CHILDREN IN PRIMARY SCHOOLS

Session 1

- ♦ Healthy Relationships

Session 2

- ♦ Boundaries/ assertive-ness

Session 3

- ♦ Self esteem and confidence building

Session 4

- ♦ On –line safety

Session 5

- ♦ Keeping safe/home/

Quotes from Participants

- ♦ *“YASS helped me remember that I am important and special in everyway”*
- ♦ *“Its important that I am a safe person to be around too”*
- ♦ *“The biggest thing I have learnt is how to keep safe how to overcome being abused on the internet”*
- ♦ *“I can use my own voice, which is very good,*

Quotes from Heads and teachers observing programme

- ♦ YASS is very engaging and the trainer quickly gained the children’s attention and trust”

Parents included ad supported

We invite parents to a short workshop providing them with tips on how to keep their child safe

- ♦ *“E-safety was very helpful for our school. There was lots of work on self-esteem. How to express emotions, who to talk to , who to trust, where to go for help(support networks such as friends and family etc.)”*

All TAs rated the sessions as excellent.

**TRAINER MARKING
FOR ALL SCHOOLS:
EXCELLENT**

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