



**“Dear ISN two men were found guilty for raping myself and my sister. We are so overwhelmed. Thank you so much for your help and the service you provided.”**

**“ Dear ISN before the coaching I could not leave my house for fear of my ex partner but after the coaching I am happy again, set up my business and enjoying time with my child”**

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*“Our team understands the pain of abuse and we strive to help support and provide direction and tips on how to move forward with your life”*

◆ Maureen Bailey FRSA LLB (Hons)

◆ Founder of ISN

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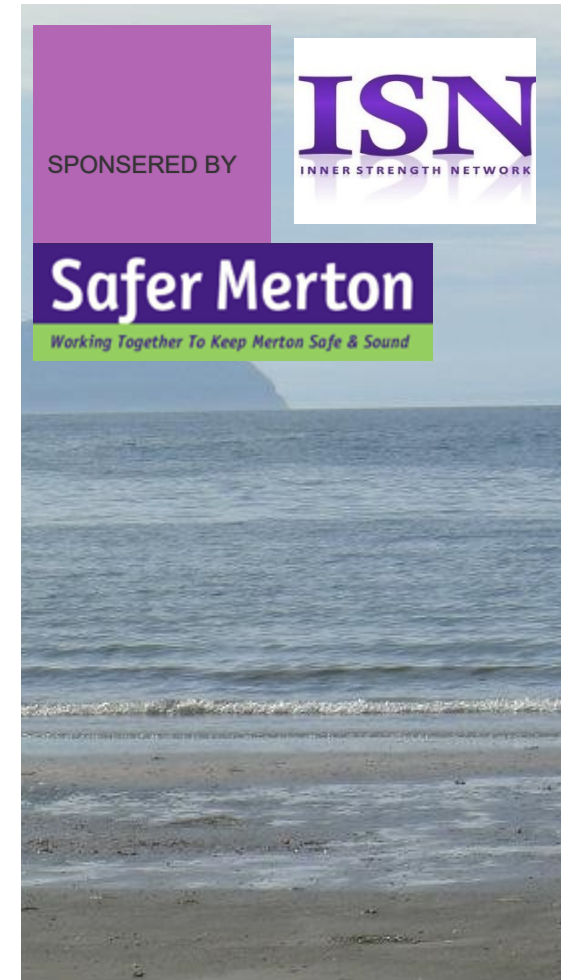
BUILDING STRENGTH AMONG WOMEN AND  
GIRLS AND THEIR FAMILIES

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**Safer Merton**

*Working Together To Keep Merton Safe & Sound*



**DOMESTIC  
VIOLENCE  
COACHING  
SERVICE**

**When you are not sure  
what to do now? ISN will  
help you to start all over.**

## Q. HOW LONG ARE OUR COACHING SESSIONS?

- ◇ Just 1 hour of your time with space for homework each week

## Q. WHERE WILL THE SESSIONS TAKE PLACE?

- ◇ At a secure and safe space i.e. refuge, office space

## Q. WHAT TOPICS WILL IT COVER?

### Session 1

- ◇ What is domestic abuse and how it relates to your situation/Healthy Relationships

### Session 2

- ◇ Signs of abuse

### Session 3

- ◇ Attitudes and behaviours

### Session 4

- ◇ Bespoke needs addressed

### Session 5

- ◇ Building confidence and action planning

## Quotes from Participants

**“This has been a fantastic support for myself and my children”**



**“ I am now able to move forward with my life”**



**“ Dear ISN, before the coaching I could not leave my house for fear of my ex partner but after the coaching I am happy again, I have set up my business and now I am enjoying time with my child”**

We also work with children of domestic abuse

Coaching marking

for our services

EXCELLENT

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## Contact Us

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