

COACHING YOU TO SUCCESS

QUARTERLY NEWSLETTER

September - December 2018

BLACK HISTORY MONTH

REGISTER YOUR INTEREST: BLACK HISTORY MONTH ACTION LEARNING SUPPORT COACHING SESSION

ISN are looking to deliver a series of coaching sessions to support entrepreneurial individuals. The action learning will require 2.5 hours of your time each month for 6 months.

To log your interest please email: admin@innerstrengthnetwork.com

GIRLS EMPOWERED TO LEAD FUNDED BY CLARIONS

A fantastic opportunity has arisen for you to participate for free in the Inner Strength Network GEL Programme



Understanding Child Sexual Exploitation

Gaining Leadership Skills

To sign up or receive more information contact maureen@innerstrengthnetwork.com

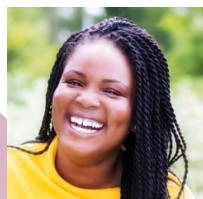
FUNDED BY



WELCOME TO THE TEAM!



Gemma:
Marketing Volunteer



Priscilla:
Volunteer New Coach

Established in 2012 ISN has been dedicated to developing the lives of women and girls. This is a fantastic opportunity for young girls to be accredited on a leadership course with a difference.

The opportunity is open to all female residents in Merton aged 12 to 18.

We are particularly looking for residents in the following areas:

- Phipps Bridge and Cherry Trees, Mitcham
- Eastfields and Laburnum, Mitcham
- Sadler Close and Armfield Crescent, Mitcham
- High Path, South Wimbledon

To attend you will need to be available on both Saturday 3rd November and Saturday 10th November 2018. If you are interested in this event for your young person please make a referral to: gel@innerstrengthnetwork.com

For more information visit:
www.innerstrengthnetwork.com/resources

Current opportunities at Inner Strength Network CIC:

ISN IS LOOKING FOR ANOTHER DEDICATED TRUSTEE TO BE A PART OF THE TEAM!

We are looking for someone skilled in the following areas:

- Able to chair meetings
- Ensures the organisation is running efficiently and effectively.
- Must be able to understand budgets
- Must have a passion to support women, girls and young people
- Support the ISN CEO
- Ensure and effective relationship between board and ISN team

Start date: January 2019

Location: Work from home, UK. Attend quarterly board meetings in London.

Please send an CV and cover letter by 1/11/2018

Further information contact:
maureen@innerstrengthnetwork.com

VOLUNTEER BOOKEEPER

We are looking for an individual skilled in the following areas:

- Balancing accounts (also known as double book keeping)
- Processing sales invoices, receipts and payments
- Preparing invoices for the Inland Revenue
- Checking company bank statements
- Dealing with other financial paperwork and filing

Register your interest by contacting:
maureen@innerstrengthnetwork.com



The YASS Programme has now been accredited for child sexual exploitation prevention (CSE).

For more information contact:
maureen@innerstrengthnetwork.com

The YASS brochure can be downloaded from
www.innerstrengthnetwork.com/reasources

Coaching Extended to Evenings and Weekends!

Are you a professional woman or a young woman aspiring to start your career? Do you feel that you are in need of support to help drive you forward? The Inner Strength Network is here to support you. Established in 2012, ISN is a visionary organisation with the sole mission to support women and girls achieve their aspirations. We can...

- support your physical and emotional well-being.
- enable you to find breakthroughs
- provide you with the clarity needed to make a significant life transition (e.g. Career change)
- assist you in gaining control of your life following a change in circumstances (e.g. relationship breakdown)
- help you gain confidence and self-esteem in all aspects of your life

We now offer flexible out of hours appointments to accommodate you (i.e. evening and weekends)

CONTACT US: Vestry Hall, 366 London Road, Mitcham, Surrey, CR4 3UD // 07903737780